

Privacy Matters

Is Member Privacy Protected?

Yes. We know the privacy of your members is important. It is important to us, too.

During registration, members will be asked for:

- Name
- Email address
- Phone number
- Health Insurance ID number
- Mailing address
- Costs (if any) associated with your membership



We take steps to protect member information and ensure it is used appropriately. We share information for purposes of administering the activity benefit and for other related reasons, such as connecting members to social groups. More detailed information is provided in our [Member Terms of Service](#) and our [Privacy Policy](#). We do not sell member information to marketers or advertisers.



To find out if your health plan partners with Grouper, visit

GrouperGroups.com/SAQA



Grouper

Call 833-445-2400

Email info@hellogrouper.com Visit hellogrouper.com

This is Healthcare?

Your passion for Quilting is healthcare.
Really.

Research shows that participating in groups and activities with others improves our mental, physical, and social health. It's called "Social Fitness," and it's the driving force behind everything Grouper does.



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Exclusive benefit for participants 65+ in the U.S. with an eligible health plan.

Get Paid for Having Fun

Sign up for Grouper today and enjoy the benefits of your current Medicare Advantage or Supplement plan. Once your eligibility and group membership are confirmed, Grouper will send you **an initial payment of \$50.**

For each three months of activity after that, **we will send \$20**, if you stay active and keep us updated on your in-person social activity!

To see if your plan covers Grouper, visit



Grouper Fact Sheet

About Grouper Grouper administers a radically beneficial new form of healthcare. Members get paid for having fun with friends. Gyms offer one path to staying active – but it's hardly the only path. That's why Grouper offers a lively and robust network of clubs and activity groups to connect eligible Medicare Advantage and Supplement members to the activities they love to do.

Our Mission

To encourage healthy living through activities that build meaningful social connections and shared experiences.

WHAT IS SOCIAL FITNESS?

Research shows that participating in groups and activities with others improves our mental, physical and social health. It's called "Social Fitness," and it's the driving force behind everything Grouper does.

Physical

Staying active through exercise, fitness classes or walking is crucial for maintaining good health.

Mental

The more mental stimulation we get, the more likely we are to hold on to better brain functioning as we age.

Social

Studies have shown that social connections are closely related to well-being and personal happiness.



Club Partnership Program

Grouper partners with large Medicare Advantage and Supplement health plans. Our club partners enjoy a Group Payment for telling their members about the benefit. We confirm member eligibility, and eligible club members will receive an initial \$50 check as well as \$20 quarterly ongoing activity payments by Grouper.

Health Plan Eligibility Members will receive a dedicated registration link that they will use to confirm if their Medicare Advantage or Medicare Supplement plan includes the Grouper social benefit.

GrouperGroups.com/SAQA

Grouper will verify eligibility with the member's health plan and send a check in the mail to eligible members. It's that simple!



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Frequently Asked Questions

What is Grouper and how does it work?

Grouper is your gateway to vibrant social connections. We seamlessly work with health plans to support the cost of staying active, ensuring you can reap the benefits of Social Fitness for improved mental, physical and social well-being.

Why did we partner with Grouper?

This partnership opens doors for our eligible members, age 65 and older, to enjoy an initial \$50 payment as well as ongoing activity payments by Grouper. These payments are made possible by Grouper's partnerships with Medicare Advantage and Medicare Supplement plans.

This sounds too good to be true, what's the catch?

There is no catch! Grouper recognizes what medical and social research have now well documented: building and maintaining social connections become more difficult as we age. Simply put, group activities lead to longer and healthier lives. Grouper helps eligible members access and make the most of their health plans' social activity benefits.

Is my privacy protected?

Yes. Your information is not sold. Grouper will only share your information as needed for the purposes of administering your health benefit. For further information, see the [Privacy Policy](#).

What do I need to sign up for Grouper?

- Basic contact information (Name, Phone, Email, Zip Code)
- Health plan information
- In some cases, Grouper might ask for your membership number, if relevant



How do I get started?

STEP 1: Register online to confirm your eligibility at:

GrouperGroups.com/SAQA

STEP 2: Tell Grouper where to send the check.

STEP 3: Keep participating in your passion!

Once your eligibility and group membership are confirmed, Grouper will send you an initial payment of \$50. For each three months of activity after that, Grouper will send \$20, if you stay active and keep Grouper updated on your in-person social activity!



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Grouper Club Network Locations ("CNL") are not owned or operated by Grouper or its affiliates. Use of CNL facilities and amenities limited to terms and conditions of CNL basic membership. Facilities and amenities vary by CNL. Always talk to your doctor before starting an exercise program.
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